

# TAILWIND

TRAVIS AFB, CALIF.

FRIDAY, SEPTEMBER 14, 2001

VOLUME 26, NUMBER 35



## **TRAVIS READY**

Commander urges patience, dedication to work ahead.



## **FROM THE TOP**

President speaks out about 'Black Tuesday.'



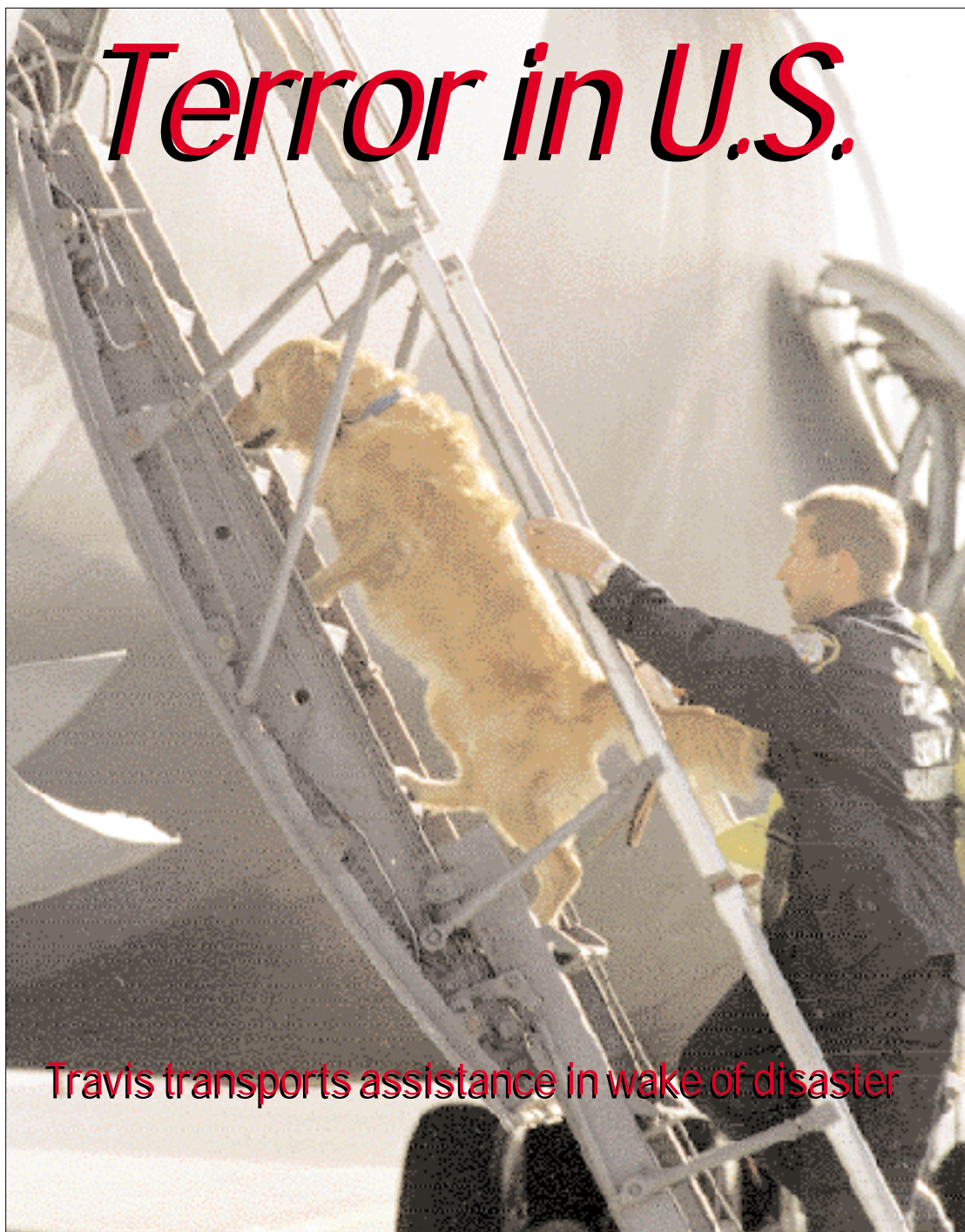
## **CASHING IN**

Travis youth wins \$1,000 from ATWIND game.

## **BAD CHOICE**

Travis NCO knows first hand what a DUI can cost.

# *Terror in U.S.*



*Travis transports assistance in wake of disaster*

# In wake of disaster

*Be vigilant, ready for added demands on people, resources*

As America recovered from Tuesday's horrible and cowardly attacks on the World Trade Center and Pentagon, I want you to know how proud I am of Team Travis' response to these events.

The days, weeks and even months ahead are likely to make extraordinary demands on our people — active duty and reserve, military and civilian, family members and retirees. I ask for your patience and your commitment to helping us do what we must to protect our people and resources, assist the nation in healing the wounds that have been inflicted and bringing justice to those who caused the death of thousands of innocents.

To use a comparison with our comrades in the Army, our response must be similar to that of the soldier in the fox-hole. When you are being shot at, you need to get your head down and take cover. If you remain on the defense too long, though, you've allowed the enemy to win. You've got to fire back...and Team Travis is doing just that.

Within minutes of the attacks in New York and Washington, we had begun implementing our highest security

posture, but since then everyone — from our superb Security Forces to the Travis Unified School District — has been leaning forward to take care of essential business within the necessary framework of our security restrictions.

We continue to monitor the world situation with an eye toward removing impediments to our mission and support operations, but I will do so only when I am reasonably assured that we can continue to protect you, your families and our nation's defense resources.

Even within the constraints of heightened security, much of Team Travis is back to work. Within the first 24 hours following the attacks, we had launched three C-5s carrying urban rescue and hospital equipment to assist in New York's recovery efforts, as well as a 64-member search and rescue team based in Sacramento. We also deployed three Critical Care Air Transport Teams from David Grant Medical Center to provide intensive-care support during air transport of patients.

We will be asked to do much more as our nation comes together to help those in need and punish those responsible. Be strong and be safe, and take



TSgt. Carolyn Collins/60th AMW Public Affairs

**Brig. Gen. Thomas Kane, 60th Air Mobility Wing commander, and members of Team Travis take a minute to pray during a moment of silence at Wednesday's retreat ceremony in front of wing headquarters. The band and the Honor Guard were on hand to pay respect to the victims of Tuesday's terrorist attacks.**

care of each other. Pray for the victims and their families. Focus on doing your part to help America rise from the dust and ashes to send a clear mes-

sage that violence against the innocent has no place in a civilized world. God bless you for your efforts, and God bless America.

## Secretary, chief of staff address armed forces

By Dr. James Roche  
Secretary of the Air Force

By Gen. John Jumper  
Chief of Staff

WASHINGTON (AFP) — Today our nation suffered a terrible tragedy. Air Force men and women, active duty, Air National Guard and Air Force Reserve, responded immediately and superbly across the

globe.

From our medical professionals who saved lives in the shadow of the Pentagon, to our airmen who launched from alert facilities, we can be proud of our performance.

Our job now is to remain ready, to set an example of strength for all America, and to remain alert as we continue our global mission. Carry on.

## Words from AMC commander

By Gen. Charles T. Robertson  
Air Mobility Command and U.S. Transportation Command commander

SCOTT AFB, Ill. — Our Air Force has a long history of reaching out to those in need, and this week, in great sadness, we continue that heritage. Tuesday, when America was struck by tragedy — you responded. From transporting

critical recovery teams and equipment to donating life-giving blood, as you have done so many times before, you made a difference. My sincerest thanks to each of you for your efforts. As your strength and vigilance helps carry our country through this adversity, please join me in keeping the victims and their families in our thoughts and prayers.

## Presidents won't turn blind eye to terrorist

By Army Sgt. 1st Class Kathleen T. Rhem  
American Forces Press Service

WASHINGTON — President George W. Bush sent a warning Tuesday to countries that turn a blind eye to terrorist activities within their borders.

"The search is under way for those who are behind these evil acts. I have directed the full resources of our intelligence and law-enforcement communities to find those responsible and to bring them to justice," Bush said in a nationally televised address less than 12 hours after what is being called the worst act of terrorism in America's history. "We will make no distinction between those who committed these acts and those who harbor them."

At about 9 a.m. today, suspected terrorists crashed two hijacked commercial airliners into the twin towers of the World Trade Center in New York City, while a third collapsed a portion of the Pentagon shortly after. No casualty figures are yet available, but officials have said they expect them to be very high.

"Thousands of lives were suddenly ended by evil, despicable acts of terror," Bush said, in describing the acts.

But, he said, the attackers failed to "frighten our nation into chaos and retreat."

"Our country is strong. A great people have been moved to defend a great nation," Bush said. "These acts shatter steel, but they cannot dent the steel of American resolve."

## Tailwind

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60th Air Mobility Wing

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TC Perkins / Visual Information

**ON THE COVER:** Search and rescue teams from Sacramento headed to the East Coast from Travis Tuesday in support of the rescue efforts. See more on pages 16 and 17.



# Pentagon falls victim to terrorist attack



TSgt. Jim Verheij / U.S. Air Force

A U.S. flag flies outside the Pentagon which sustained major damage Tuesday at about 10 a.m. after a hijacked commercial airliner crashed into the building. The suspected terrorist attack on the Pentagon occurred about one hour after similar attacks on the twin towers of the World Trade Center in New York City.

By Jim Garamone  
American Forces Press Service

WASHINGTON (AFP) — Personnel who left the Pentagon after a terrorist attack said the evacuation of the building early Tuesday was remarkably calm.

An eyewitness said a "large plane" crashed into the Pentagon near the heliport on the west side of the building.

One Army lieutenant colonel who worked near the building segment hit by the plane said everyone in his office was gathered around the television watching coverage of the terrorist attack on the World Trade Center in New York City when the plane crashed into the Pentagon.

"We felt a thump and saw the flash," said the colonel. "All of us and others gathered and went toward the site. We couldn't get close."

The colonel said all the people in his section evacuated and met outside the building.

"There was no panic," he said. "Most people went in a calm and

orderly way."

He said it was not until after he and his co-workers left the building that they realized the extent of the damage.

The Pentagon was built in 1941 out of reinforced concrete. It is laid out in five concentric pentagonal "rings," the "E" being the outermost and "A" the innermost. The jet cut the building like a knife. It did not penetrate all the way into the center courtyard, but did reach the "B" ring.

Beyond the heliport, where the crash occurred, authorities set up a triage site. Military medics and civilian emergency care providers worked together to provide aid. Civilian firefighters from many jurisdictions joined to fight the blaze.

Many officers, noncommissioned officers and civilians volunteered to aid emergency care providers in helping rescue victims. The volunteers staged on Washington Boulevard. Beyond them was a makeshift heliport that evacuated the most seriously injured to medical care.

## DoD announces preliminary casualty numbers

By Army Sgt. 1st Class Kathleen T. Rhem  
American Forces Press Service

WASHINGTON (AFP) — Department of Defense officials announced tentative numbers early Thursday of those still unaccounted for in the aftermath of Tuesday's terrorist attack on the Pentagon.

DoD officials said 126 people are still missing. The number does not include the victims, said to be 64 passengers and crewmembers, who were aboard the hijacked plane that slammed into the Pentagon.

The Army is missing 21 military, 47 civilian, and six contractor personnel. Navy officials report they are missing 33 sailors and nine civilians. Other

defense agencies reported a total of 10 people still unaccounted for as well.

Officials stressed the numbers are initial estimates.

"While the number is not expected to change significantly, this is only a preliminary initial estimate based on roster checks and other information," a spokesperson said.

No one has said how many remains have been removed from the wreckage, but officials have said all remains recovered are being sent to the Armed Forces Institute of Pathology at Dover Air Force Base, Del. After the remains have been formally identified, the families of those killed will be notified and DoD officials will release the names to the public, officials said.



Photographer's Mate 2nd Class Robert Houlihan / U.S. Navy

Search and rescue operations are continuing at the Pentagon. The area of the Pentagon where the aircraft struck and burned sustained massive damage.

## QUOTES FROM THE TOP

"The deliberate and deadly attacks which were carried out yesterday against our country were more than acts of terror. They were acts of war. Freedom and democracy are under attack."

President George W. Bush

"...the attack against the United States of America today was a vicious, well-coordinated, massive attack against the United States of America."

Secretary of Defense Donald Rumsfeld

"Our job now is to remain ready, to set an example of strength for all America, and to remain alert."

Secretary of the Air Force Dr. James Roche and Air Force Chief of Staff Gen. John Jumper

".... make no mistake about it, your armed forces are ready."

Chairman of the Joints Chiefs of Staff Gen. Hugh Shelton

## NEWS NOTES

### Full manning in effect

Previous provisions for minimum manning at some work centers has been lifted. All military and government personnel should contact their supervisors to determine work hours.

Contractors and NAF employees should contact their supervising base agency for more information.

### Self-management class

The Family Advocacy Program invites you to participate in the next Self-Management Class to learn effective ways to manage anger. The seven-week course is held Wednesday evenings from 4:30 to 5:30 p.m. at David Grant Medical Center. Active-duty members and their spouses are encouraged to attend.

Call the Family Advocacy office at 423-5168 to register.

### Critical incident, stress management

The Family Support Center is offering coping sessions to help Team Travis members better cope with recent terrorist attacks.

The Chapel, Life Skills Support Center and FSC personnel will conduct these classes. Classes are today at 10 a.m. and 2 p.m. at the FSC.

For more information, call 424-2486

### Neighborhood social

Residents of the Travis McClellan Corridor housing neighborhood are invited to an "End of Summer Pot Luck Dessert Social" Sept. 23 from 1 to 3 p.m.

Bring your favorite dessert to 176 Fitzgerald Dr. and get to know your neighbors. Games will be provided for the children. McClellan Corridor includes all of Fitzgerald Dr., Martin Ave., Glen Ct., Clark Ct., Cullen Ct. and from 385 - 393 Fairchild Dr. and from 130 through 231 Cannon Dr.

For more information, contact Eric Jaren at 424-1289.

### Weapons exercise

The 60th Air Mobility Wing will run a Conventional Weapons major accident response exercise Thursday at Bldg. 759, 150 Ellis Dr. near the Skeet Range.

Traffic flow on Ellis Dr. adjacent to Bldg. 759 may be impeded during the morning hours.

### Base appearance

Travis officials are asking that all personnel take the extra time cleaning up and grooming yards as Travis prepares for the Base Appearance Competition Sept. 24 and 25.

The inspection team will take the day and a half aggressively driving around base to look at base appearance, the exteriors of all buildings on base, the exteriors of all housing units and dormitories as well as the interiors of already specified base facilities.

# Winning with ATWIND

## Golden West student scores \$1,000 for his hard work

By Stephen Pierce  
60th Services Squadron

When 12-year-old Joshua Armistead stepped into a fundraiser assembly at Golden West Middle School Sept. 7, he had no idea he was about to get a check for \$1,000 from the Around the World in Ninety Days game.

The ruse started with Col. Jim Rubeor, 349th Air Refueling Wing commander, calling Joshua to the front of the assembly with his parents MSgt. Mark and Carolyn Carey.

"Does anyone know who scored a goal for the other team last night?" Rubeor asked the packed assembly of sixth-, seventh- and eighth-graders.

Several hands rose as Joshua's head slung down as he meekly confessed to the "fatal" error in a Youth Center soccer match.

Rubeor quickly let the seventh-grader off the hook. "We are not here to talk about that. We are here to talk about the Around the World in Ninety Days game," he said.

The shy shoulder scrunch in Joshua turned into a wide-eyed awe when Rubeor ended his commercial on the ATWIND game with "and Joshua Armistead won a \$1,000

cash for going around the world."

The audience cheered as Joshua forced out a quiet "Thanks" as he accepted his giant check.

"The best thing about it was he was convinced today was going to be rotten," said Carolyn Carey after the presentation.

The excited mother pointed out that of everybody in the family, Joshua deserved to win because he made a point of going places to get ATWIND game pieces. But once Joshua went around the world himself, he shared his game pieces to get his family around, too.

"He was tickled to death to win \$20 last year," Carey said. "I don't know how he will top (the \$1,000) next year."

When asked the obvious question of what he was going to do with the \$1,000, Joshua hadn't made up his mind.

"Maybe a scooter, if mom will let me," he said, tossing a coy look to his mother.

His friends at school had their inputs ... a Playstation, stereo, gifts to them. "Some of my friends thought if I won, then they won," Joshua said. "They said, 'I get \$50 too.'"

**Editor's Note: MSgt. Mark Carey is a recruiter with the 349th AMW Recruiting Squadron.**

# Corporate food service comes to Travis

## Local facilities get ready for standardized menu

By Brent Ruddell  
60th Services Squadron

As Travis' dining facilities prepare to fully go on-line with the new Corporate Food Service System, management of Sierra Inn and Golden Hills dining facilities ask their guests to have patience as many menu items favorites may be temporarily unavailable.

The Air Force Services Agency has touted CFS as a new concept in dining that will improve Air Force dining facilities worldwide.

The computer-based system is

designed to eliminate paperwork for food managers and will be used to control inventories, menus and recipes.

The system was given a test-run at Barksdale Air Force Base, La., at the first of the year and will be fully in place at all base dining facilities by the end of September.

However, as mandated by the Air Force Services Agency, facilities Air Force-wide are now required to offer only the standardized menu. This means specialty items known as "local recipes" have been shelved.

For Travis, that means such unique features as Mongolian barbe-

cue at the Golden Hills and the various ethnic and specialty meals at the Sierra Inn will no longer be available.

"The standardized menu is a big change from the menu our customers are used to," Golden Hills Dining Facility Manager MSgt. Michael Killcullen said. "However, this change will put us more in line with our civilian counterparts in how we do business and manage our facilities in the future."

Once the system is fully operational Air Force-wide, dining facilities can submit local recipes. However, the local favorites will be available for all dining facilities to use.

"To start, we will use the core menu as all the bases get on the same system," Sierra Manager MSgt. George Stewart said. "Then there can be an expansion of menu items offered based on trends for certain geographical areas like seafood in Florida and potatoes in the Midwest."

Despite losing some local favorites, the dining facility managers are optimistic that their customers will see a better all-around menu from the new system.

"We will have more flexibility down the line to offer more expensive menu items such as seafood Newberg," Killcullen said. "That was out of our reach under the old system but will become a regular item under the new menu system."

Stewart concurs as to what the new system will mean for his guests as well.

"Be patient, the best is yet to come," Stewart said. "It will breathe new life into the financial management and accountability and provide better selections and quality for the customer."



SSgt. Jim Verchio/60th AMW Public Affairs

Dining Facilities on base will now have a standardized menu. Facility managers are optimistic the new menu will provide better selections for the customer.

## CDC fees frozen

DoD mandates hold on childcare fees for 2000, 2001 school year

60th Services Squadron

With the cost of living in California continually on the rise, parents with children at the three base child development centers will be pleased to learn that there will be no fee increase this fiscal year.

"This is good news for the parents," Family Member Programs Flight Chief Shenethia Carter said. "Normally, parents can expect at least a four percent increase to offset the costs of child care wages."

The price freeze comes from a Department of Defense mandate to hold child-care fees to the 2000-2001 school year level.

However, parents of children six to 12 months will see some increases in their out-of-pocket expenses as a result of a recent Air Force inspection of the child development program. Parents will be required to provide formula in pre-made bottles.

"During the recent unannounced Air Force inspection, the Child Development Program was lauded for providing exceptional activities and outstanding room environments," Carter said. "Unfortunately, the program received a repeat discrepancy for preparing infant formula."

The inspection team determined that caregivers preparing formula have an increased chance of becoming distracted and divert

their attention from the children. The risk of spreading disease through the current process was also a consideration in the finding. All three CDCs must comply with the new guideline beginning Oct. 1.

Parents of children currently enrolled in the child development centers will also be required to sign a new contract by Sept. 28.

"At the beginning of each fiscal year, all parents are required to sign another contract to continue using the program," Carter said. "This is mandated by the Military Child Care Act of 1989 for all DoD Child Development and School-Age Programs."

Parents must also sign new enrollment forms and verification of total family income, as fees are based on total family income. Parents should bring a copy of their Leave and Earning Statement or W-2s for both working spouses and a copy of the child's shot records. Also, parents must provide a copy of an Air Force Form 357 if they are single or dual military and any documentation outlining the special needs of a child.

Carter emphasized that even though overall fees will not be increased, parents may see an increase in their fees if their income increased over the last contract period. If the income decreased, fees could also decrease.



## CDC Hours

Child Develop Center hours during this time of crisis are: 5:30 a.m. to 8 p.m. For more information on CDC programs, call 424-1019.



# Batter up: Fighting fires with baseball

60th Civil Engineer Squadron

How do you make learning about home fire safety fun for kids of all ages? Add a little baseball!

The Travis Fire Department has teamed up with the nonprofit National Fire Protection Association to "Cover the Bases & Strike Out Fire" during Fire Prevention Week, Oct. 7 through 13.

This year our new public safety campaign brings baseball and fire safety together to teach children and their families simple steps they can take to strike out the risk of home fires.

Cooking, heating, and electrical fires are among the nation's leading causes of home fires, accounting for an annual average of nearly 50percent of home fires and almost one-third of associated fire deaths.

This year's Fire Prevention Week campaign teaches children and their families about these common fire hazards and how to "strike them out" in their own homes. Parents and kids are encouraged to complete a home fire safety inspection together, putting the campaign's messages into practice.

Free home fire safety checklists, which can help families conduct a thorough inspection, are available at Travis' Fire Prevention Office, bldg. 175 across from the base Library, next to the gas station. The Travis Fire Department plans to increase public awareness of the "Cover the Bases & Strike Out Fire" safety messages through our annual Open Houses, held on October 13.

Included this year is a no-cost raffle, chili cook-off and base-wide fire muster with baseball associated prizes. Three elementary schools will participate in this year's poster contest with the winners riding on our antique fire truck during a parade through base housing.

Come to Fire Station #2 at 11 a.m. Saturday to cast your vote for your favorite chili and watch as our Base Fire Department demonstrates rescue techniques.

Prizes for Friday's fire muster, poster contest and raffle will be awarded with free cake and punch for everyone.

"People think they're safer from fire than they really are, particularly at home. As a result, they often lack basic information on how to prevent them," says TSgt. Dean Case, assistant chief of fire prevention. "By learning where home fire dangers exist and taking some simple precautions, Travis residents can greatly reduce their risk."

According to Meri K Appy, NFPA's vice president of public education, "Cover the Bases" will continue to actively involve the public in home fire safety, helping make a life-saving impact on families throughout North America.

"Protecting your home and family from fire requires action and energy," said Appy. "Cover the Bases" is a fun, interactive campaign that motivates families to get actively involved in home fire safety and helps all of us make simple changes that can greatly reduce our risk to some of the leading causes of fire."



## Promoting men's health

60th Medical Group

Prostate cancer is now the most common type of cancer and the second highest cause of cancer deaths in men.

Prostate cancer affects one if every nine men, and about 16 percent of American men will be diagnosed with prostate cancer during their lifetime.

But prostate cancer doesn't have to be life threatening. With early detection, the chances for recovery are high.

### Risk factors

A risk factor is something that increases a person's chances of getting cancer.

■ **Age** — Growing older increases a person's chances for getting prostate cancer. Men aged 50 and over are at the greatest risk.

■ **Race** — African-American men have a higher incidence of prostate cancer than Caucasian men.

■ **Family history** — Risk increases for men whose father or brothers have prostate cancer.

cer. The risk is more than 10 times higher for a man who has three relatives with the disease. Risk may also be increased for men whose female relatives have breast cancer.

■ **Diet** — A high-fat diet may stimulate prostate growth.

### Symptoms

Most men with prostate cancer have no obvious symptoms. When symptoms finally appear, they are similar to those caused by prostate enlargement or infections.

The symptoms include:

- difficulty starting or holding back urine
- inability to urinate
- weak or interrupted flow
- frequent urge to urinate, especially during the night
- painful or burning urination
- blood in the urine
- frequent pain or stiffness in the lower back, hips or upper thighs (prostate cancer

tends to spread to the bone, and bone pain, especially in the back, can be a symptom).

### Early detection

Many men feel that they don't need to be examined because they are young and feel fine, but men can develop prostate cancer as early as 40 years of age.

Many may not have symptoms, or may be used to the symptoms, like having to urinate frequently at night, that they seem normal.

Some men may feel uncomfortable discussing this personal subject with their doctor. However, it is important to discuss having an annual prostate screening exam after the age of 40, even if the male is not at high risk for the disease.

The Urology Clinic at David Grant Medical Center is having a prostate cancer awareness walk-in Sept. 21 from 8:30 a.m. to 12:30 p.m. at the Urology Clinic.

The **SWAP ADS** deadline is noon Monday for that Friday's **TAILWIND**. Ads can be dropped off in Bldg. 51. Submissions do not guarantee publication.

# Children and Disaster:

## *Supporting children at a time of national emergency*

60th Medical Group

The recent terrorist attack on the World Trade Center, the Pentagon and other sites affects us all in both obvious and subtle ways. Some of us may be more directly affected by having friends or relatives in the areas attacked, or because an active-duty family member will face deployment.

For our children, the overwhelming bulk of the impact will occur only vicariously through what they witness on television or hear from their parents or friends.

While the news of this tragedy is frightening to all of us, children may be uniquely vulnerable to the disruptive effects of such distant events because of their limited ability to understand the events and make realistic assessments of the actual danger they, themselves, are in.

For all children, a sense of safety and security is basic to all other emotional development and functioning. The following suggestions are offered to those in the position of caring for children during this time:

► All children look to the trusted adults around them for cues as to the importance of events. They will model their emotional reaction to that of the adults. If they are in the presence of adults who are serious and concerned but not panicky or terrified, they will assume that the event is important but that they are personally safe.

**Suggestion:** *Even when we are experiencing strong emotional reactions, children are best supported if we express these feelings in calm, moderate, supportive ways.*

► As adults we have a great deal of control over the information our children are exposed to. What is provided through the network news is designed for adult consumption and contains frightening, sometimes gruesome images inappropriate for children. Further, children lack the cognitive ability to appreciate the geographic location of these events.

**Suggestion:** *Do not leave television news programs running for long periods where children are continuously exposed to violent images. When speaking with children about the incidents, emphasize that they were very sad and scary, but that they were very far away and we are safe. Answer children's questions honestly but in a child appropriate way — the child's sense that their personal world is safe is more important than their having an accurate understanding of political events.*

► Children may get inaccurate information or misunderstand events. For example, during Desert Storm there were children as old as ten years who were concerned that Vacaville might be bombed.

**Suggestion:** *Listen for your children's comments and help correct misunderstandings. Ask,*

*If you have questions or need support, contact Dr.*

*Paul Hauck, child psychologist, David Grant Medical Center, 423-5174;*

*Travis Family Support Center, 424-2486; or for school psychologists, contact your local school site.*

**"What did they say at school today?" when discussing the attacks, as a way of checking on your child's understanding of the events.**

► Children are most concerned with the events of their own lives and their personal world. If an event in the adult world will have actual impact on the child's day-to-day experience, they should be prepared for this. In the present situation, this might mean that one parent will be deployed to provide supportive services, or that someone the child knows was a victim of the attacks.

**Suggestion:** *Be straightforward with the child about events that have specific, personal meaning for the child. Prepare them for any changes that might occur for them.*

► While it is unlikely that any of our children will be so directly affected by the recent attacks that they will experience any disruption of their usual functioning, there may be a small number of children who, because of their particular susceptibility to anxiety, will become excessively worried.

**Suggestion:** *Observe your child for changes in their behavior or habits, or for worries that they may verbalize. Respond to these with clarification and reassurance. Review the preventative steps listed above.*

► All Americans will experience outrage and fury at the recent attacks on our country. These acts have likely been those of political or religious extremists. It is a human tendency to allow our anger at those responsible to spread to other people of the same ethnic or religious group.

**Suggestion:** *Be careful in the way you talk about those responsible for these attacks to avoid creating inaccurate and unfair generalizations about any one group of people.*

If you have questions or need support, contact Dr. Paul Hauck, child psychologist, David Grant Medical Center, 423-5174; Travis Family Support Center, 424-2486; or for school psychologists, contact your local school site.

**The Tailwind does not accept faxes or e-mails for Swap Ads. Ads must be turned in by noon Mondays to Bldg. 51, Room 231.**



American Red Cross Armed Forces  
Emergency Service Center toll-free at (877) 272-7337.



## TRICARE For Life receives funding, DGMC hold briefings

60th Medical Group

In preparation for the TRICARE For Life benefit that begins Oct. 1, briefings have begun at David Grant Medical Center to well-attended audiences. As patients become educated on this revolutionary change in their healthcare benefits, two questions remain paramount in the minds of those affected:

**Q.** Is the TRICARE For Life benefit fully funded for fiscal year 2002?

**A.** Yes. The Department of Defense has included \$3.9 billion in its budget request to Congress for fiscal year 2002. The funds will be used to pay beneficiary co-payments and deductibles for Medicare-covered services, as well as TRICARE benefits not covered by Medicare, such as prescription drugs. We are confident that Congress will appropriate these dollars to fund TRICARE For Life benefits.

**Q.** Will a beneficiary need supplemental insurance under TRICARE For Life?

**A.** The Department of Defense cannot instruct beneficiaries to keep or drop Medicare supplemental insurance; however, TRICARE For Life essentially provides wrap-around health care coverage similar to supplemental policies, yet TRICARE For Life has no premium costs.

TRICARE for Life will provide comprehensive healthcare coverage for those uniformed services beneficiaries and their spouses that are age 65 and older who have purchased Medicare Part B. Eligibility will also be extended to certain beneficiaries that are eligible for TRICARE benefits before the age of 65. Benefits are also in addition to the recent imple-

mentation of the TRICARE Senior Pharmacy Program that began on April 1, 2001. There are no enrollment fees or annual premiums under TRICARE For Life. With TRICARE For Life, if your only health insurance is Medicare (Part A and Part B), TRICARE will act as second payer to Medicare. This means TRICARE will pay your remaining out-of-pocket expenses (Medicare deductibles and cost shares) for services paid by Medicare and covered by TRICARE.

With the constant enhancements to TRICARE Benefits, the TRICARE Flight at David Grant Medical Center has created a functional list of contacts that beneficiaries can use to stay current on the most recent information. In addition to this list, the TRICARE staff at DGMC is always happy to answer any beneficiary questions. For more information, call 423-7920.

Visit the TRICARE Web site

■ TRICARE For Life

[www.tricare.osd.mil/ndaa](http://www.tricare.osd.mil/ndaa)

■ TRICARE Plus [www.tricare.osd.mil/plus/](http://www.tricare.osd.mil/plus/)

**Call Toll-free**

■ TRICARE For Life Information phone number is (888) 363-5433

Finally, for those beneficiaries nearing or already age 65 and older, there are local TRICARE for Life briefings scheduled in order to prepare you for the Oct. 1 implementation of TRICARE For Life.

The location, date and time of the briefings are:

**DGMC Auditorium**

Monday at noon and 2 p.m.

**Sacramento (McClellan Theater)**

Wednesday at 9 a.m., 11

a.m. and 1 p.m.



**Making a first impression:** The Air Force is in the process of upgrading and standardizing all of its recruiting offices. As offices are refurbished, applicants who meet with recruiters like SSgt. Tyrone Williams, a recruiter in the new prototype office in San Antonio, are going to find an office environment that, according to Air Force officials, better reflects the professionalism and excellence of today's premier aerospace force.





## 48k + 350hp + alcohol = DUI

*Travis NCO tells his story of alcohol and driving*

### VIEWPOINT

A few weeks ago, I made a judgment call that will affect the rest of my life. After drinking several beers, I decided to take my brand new 2001 Corvette for a night-time joy ride.

I loaded up my friend, popped in a CD and took off for what I thought would be a 15-minute ride. I was feeling pretty good, cruising around showing off my new toy. I decided to take it out on a country road away from traffic where I could have some fun with it.

Only five minutes from my home, as I entered an "S" curve, my right wheels left the road into gravel. I tried correcting the car, but ended up spinning tires all the way through the curve and into a ditch. I looked over to my friend and asked him at least three or four times if he was okay. Thank God, he said he was fine.

It all happened so fast. What had I just done? Did it really happen? What's going to happen now? I thought. We need to get out of here. After exiting the car and making our way up the 5-foot embankment, I realized that I wasn't going anywhere, anytime soon.

A lady came running toward us and asked if we were okay. I told her we were fine. As I was examining, in disbelief, my \$48,000 ditched car, the lady told us she had called the fire department and the police when she heard my squealing tires and subsequent impact.

I apologized to her for the inconvenience I was causing and then realized that the police would soon be questioning me about what happened. Instant fear entered my mind, because I had been drinking.

What was I going to tell them? Would they know I had been drinking?

Within 15 minutes, the fire department, a tow truck and the California Highway Patrol showed up. I knew what was coming. The officer made her way over to me and started asking questions about the accident. I told her I lost control of the car and was thank-

ful that my friend and I, amazingly, were not injured.

She then asked me if I had anything to drink. I told her I had a few beers, but I felt fine. She said she could smell beer on my breath and then administered a field sobriety test on me.

By that time, my friend had called our wives and they had arrived on-scene.

After completing the sobriety test, I was asked to turn around and was told I was being placed under arrest for suspicion of driving under the influence. In front of my wife of eight years, I was handcuffed and put into a CHP car. The tears started flowing — I couldn't believe this was happening to me. This only happens to other people.

I was hauled off to a hospital where they drew blood from me to determine my blood-alcohol content. I was then taken to the Solano County Jail, where they searched me, finger-printed me and took my picture.

Jail, I thought. This can't be real. I can't explain to you, in words, the amount of disgust, humiliation, embarrassment and guilt I felt as the jail door was slammed behind me. I occasionally watch the T.V. show "Cops" and always shake my head in disbelief at the stupid things people do. It was now me!

I then spent 11 hours in a 15-by-15 foot cell with six other men in my same situation — they handled it rather well, sleeping and snoring as if nothing had happened. It almost seemed as if it were routine for them. I, on the other hand, had trouble dealing with the fact that I was there.

I stared at the ground, paced and watched the other men, wondering what their stories were and wondering what lie ahead for me. I'm a technical sergeant in the Air Force, I thought. I don't belong here. This isn't like me. Early in the morning, one of the guys relieved himself five feet away from me, no blocking doors or walls — right there.

The sounds and following smell permeated the room. I had no place to go. What have I done?

I thought of my wife. I couldn't wait to see her later that morning. Later on, the door opened, and instead of my wife, a first sergeant from the base greeted me. He took me to David Grant Medical Center where I consented to a urine test. After that, I was able to go home.

The following week, I stood, with my supervisor by my side and explained my actions to my first sergeant, my commander, my supervisor's supervisor, the command chief master sergeant and the vice wing commander.

In my entire 35 years, I have never felt so much remorse, embarrassment, regret and guilt as I have over these past few weeks. I cannot explain it in words, but it's real and it's in my face.

On the other hand, I am lucky I'm alive, that my friend is alive and I didn't hurt or kill anyone else. My wife and family are 100 percent behind me and eventually things will get better.

My blood-alcohol test is still pending, my civil court case is still pending, my Air Force disciplinary action is still pending and the insurance status on my car is still pending — I honestly hope to never see the car again.

I carry a deep sense of remorse toward the Air Force, Travis, my office staff and most importantly God and my wife. I feel I've let them down. What I did serves no useful purpose other than to possibly educate those around me and hopefully somebody else who's reading this article.

I'm being frank with this matter in the hopes I can stop one person, maybe you, from following in my footsteps. Then, maybe this whole thing will do some good. Please learn from my mistake and think about the damage that can be caused to yourself, your family, innocent victims, the Air Force and Travis.

Editor's note: The author has requested to remain anonymous.

*Seatbelts are hugs from your car!*

# SGLI automatic for entire family

By SSgt. Matt Miller  
AFPC Public Affairs

AIR FORCE PERSONNEL CENTER — Married airmen who carry any amount of military life insurance will see a change in the amount deducted from their November pay as their spouses are automatically enrolled in the Servicemembers' Group Life Insurance benefit Nov. 1.

Each dependent child of a military member enrolled in the SGLI program will also be automatically covered for \$10,000 free of charge. These changes were brought about by legislation that was signed into law June 5.

## Spouse coverage

Participation in the SGLI program for spouses is voluntary, but initial enrollment is automatic. Military members deciding they don't want coverage for their spouses will have to disenroll them to reverse the automatic registration, according to officials.

"The inclusion of spouses gives military members and their children some financial help in the unfortunate event of a family member's death," said Couvillion. "However, enrollment for spouses in the program is not mandatory."

The spouse coverage comes in \$10,000 increments and cannot exceed the amount of coverage the military member carries, up to \$100,000.

"If the military member is covered for \$100,000 or more, their spouse will automatically be enrolled for \$100,000," said Couvillion. "On the other hand, if a member is only covered for \$90,000, then the maximum amount the spouse can be covered for is \$90,000."

## Coverage for dependent children

Coverage for dependent children is also automatic starting Nov. 1, but there are no premiums associated. It is free.

"If the military member holds any amount of SGLI, then their children are automatically enrolled for \$10,000," said Couvillion. "Wow! Where else can you get free life insurance for your children?"

Members who hold SGLI coverage for themselves will not be able to disenroll their dependent children from the program.

"I guess Congress was thinking, 'why would anyone not want to receive free coverage for their children?'" said Couvillion.

## Military married to military

The SGLI program does not make the distinction between spouses who are military members themselves and those who are not. Thus, military members married to military members will also be automatically enrolled Nov. 1.

"The same rules in terms of coverage and disenrollment apply to military couples," said Couvillion. "Essentially, each spouse will receive a separate policy [than the one they already have on themselves] with their spouse as the beneficiary. They're not being covered twice under the same policy."

Children from dual military families will not receive coverage from both parents. They will receive coverage via the member who claims them through the Defense Enrollment Eligibility Reporting System.

## Disenrolling

The military member can decline spouse enrollment or reduce the coverage amount — by visiting his or her local military personnel flight.

"Making a change is as simple as filling out the right form," said Couvillion, "which the MPFs will have in hand by Oct. 1."

In order not to see any increase in premiums, people must disenroll their spouse no later than close of business Oct. 31. Canceling or reducing coverage after Oct. 31 will take effect the first day of the following month.

"Essentially, if someone changes the coverage for their spouse Nov. 2, that change will not happen until Dec. 1," said Couvillion. "And the same holds true for any month thereafter."

People not enrolled in SGLI still have time to take advantage of the added benefits.

"Anyone wanting to enroll can do so any time," Couvillion said. "When they enroll, their spouse and children are automatically going to be enrolled as well."

## Beneficiary

The military member paying the premium for their spouse will automatically become the beneficiary under the family member SGLI program. It's similar for children — the parent claiming them under the DEERS system will be named the beneficiary.

For information on the SGLI program, call the Military Personnel Flight at 424-3892.

## CHAPEL

## Services

## Catholic

Monday through Friday, 11:30 a.m., communion service or Mass, Chapel Center.  
 Saturday, 4 to 4:45 p.m., confessions, Chapel One.  
 Saturday Mass, 5 p.m., Chapel One.  
 Sunday Mass, 9 a.m., Chapel One.  
 Sunday, 9 a.m., children's liturgy of the Word, Chapel One.  
 Sunday Mass, 12:30 p.m., Chapel Center.

## Protestant

Friday, noon, 30-minute worship service, David Grant Medical Center Chapel.  
 Sunday, 8 a.m., community praise & worship service, Chapel Center.  
 Sunday, 10:30 a.m., community worship service, Chapel Center. Nursery class for kids 3 months to 3 years.  
 Sunday, 11 a.m., community Gospel service, Chapel One.

## Jewish

First Fridays, 7 p.m., Sabbath service, Chapel Center.  
 Third Saturdays, 10 a.m., Sabbath service, Chapel Center.

## Religious Education

## Protestant

Sunday, 8 & 10:30 a.m., Children's Church, 4- to 8-year-olds, Chapel Center.  
 Sunday 9:15 to 10:20 a.m., Sunday School for ages 3 and up, Chapel Center.  
 Sunday, 11 a.m., Children's Church, 4- to 8-year-olds, Chapel One.

## Catholic

Tuesday, 7:30 p.m., OCIA, Chapel Center

## Wicca

Monday, 6:30 p.m., education classes, RE Wing, Chapel Center.

## Youth Groups

## Protestant

Monday, 6 to 7 p.m., "Community Teens For Christ," 12- to 18-year-olds, Chapel One annex.

## Other Groups

## Protestant

Second Tuesdays, 7 p.m., Community Young Adult Group, Chapel One annex.  
 Second Tuesdays, 7 p.m., Protestant Women of the Chapel, Chapel Center.  
 Third Tuesdays, 7 p.m., Protestant Men of the Chapel, Chapel One.  
 Fridays, 10 a.m., Protestant Women of the Chapel Bible study, Chapel One.  
 First Saturdays, 8 a.m., Protestant Men of the Chapel, Chapel One.  
 Fourth Saturdays, 6:30 p.m., Community Young Adult Group, Chaplain Sander's home on base.

## Inside Out

Sundays, 6:00 p.m., rock and praise-style worship, Chapel One.

## Upcoming events

Rosh Hashanah, the Jewish New Year  
 Monday, 7 p.m., Chapel Center  
 Tuesday, 9 a.m. to 1 p.m. and 7 p.m., Chapel Center  
 Wednesday, 10 a.m. to noon, DGMG Chapel, Tashlich at the Duck Pond.  
 Yom Kippur - Day of Atonement  
 Sept. 26, 6:15 p.m., Chapel Center  
 Sept. 27, 9 a.m. to 7:50 p.m.

## ABOUT TRAVIS

## TRAVIS COMMUNITY EVENTS

**Tonight** — ▲ Games, prizes, music and lots of skating are just some of the fun-filled activities youths 6 to 13 can enjoy at the Friday night lock-in from 11 p.m. to 7 a.m. at the skating rink. Tickets can be purchased at the door for \$20. Purchase a ticket by Sept. 12 and pay only \$15. Price includes admission and skate rental. Call 424-3891.

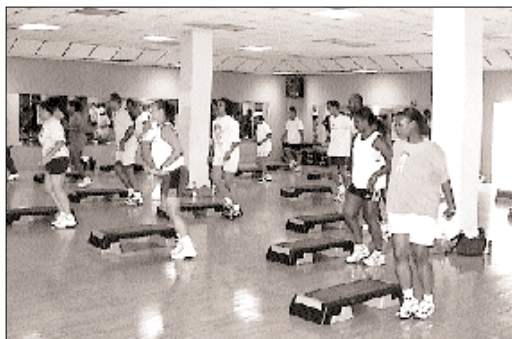
**Saturday** — ▲ A library pizza party will be the final chapter in the Children's Summer Reading Program at the Mitchell Memorial Library. Children who participated in the program are invited to the party from 11 a.m. to 1 p.m. at the Travis Pizzeria. For more information, call 424-3279.

**Sunday** — ▲ The tour of Old Town Sacramento has been cancelled until further notice. For more information, call 424-5659.

**Tuesday** — ▲ The shopping trip to Arden Fair has been cancelled until further notice. For more information, call 424-5659.

**Sept. 22** — ▲ Visit some of the most famous casinos in the country on a Reno Tamaround. Visit Peppermill Casino, Harrahs Reno, Circus Circus, Silver Legacy and many others. The \$15 cost covers transportation only. Call 424-5659.

**Sept. 29** — ▲ Visit Golden Gate Park, 1,700 acres world-famous for its many attractions. See lush botanical gardens, a children's zoo, museums, a full-size Dutch windmill and a buffalo park. Horseback riding is also available. Rent a rowboat or paddleboat and relax on the park's picturesque lake or have tea and



Courtesy photo

**Taking a step up:** Whether you're looking to get in peak physical condition, or just try something fun and different, drop by the Exercise Center and check out the full line-up of aerobics classes. Classes are offered at the center throughout the day Monday through Friday. Classes include Core Aerobics, Low Impact Step, Senior Fitness and much more. Call 424-5680.

cookies in the authentic Japanese teahouse. The \$12 cost covers transportation only. Call 424-5659.

**All month** — ▲ There are prizes galore available in the Delta Breeze Club's Ultimate Membership Drive. Anyone who joins the club between Aug. 15 and Nov. 18 will have a chance to win one of nine new cars being given away to Air Force club members worldwide. Existing club members are already registered for their chance to win. New club members who sign up at commander's calls can also win six months free dues, \$100 cash and free lunch buffets at the club for a year (a \$1,450 value). All new club members get \$65 in Services coupons and two months free

dues. For more information, call 437-3711.

▲ The Youth Center is looking for volunteers to teach skateboard and inline skate classes at the new Travis Skate Park. For more information, call Sandra Latchford at 424-5392.

▲ Outdoor Recreation and Information, Tickets and Tours are now closed on Wednesdays. Guests are encouraged to purchase and pick up tickets for attractions, make trip reservations and pick up and return all equipment from 8 a.m. to 6 p.m. Mondays and Tuesdays, from 8 a.m. to 6 p.m. on Thursdays and Fridays or from 9 a.m. to 1 p.m. on Saturdays. Call 424-5659 or 424-5240.

—60th Services Squadron

## Stress management

Personnel from the Chapel, Life Skills Support Center and the Family Support Center will provide support meetings for military members, civilian employees and family members to help cope with our national tragedy. The Travis Integrated Delivery System is sponsoring these critical incident stress management sessions at the FSC today at 10 a.m. and 2 p.m. For more information, call 424-2486.

## Travis Scouts

The Travis Boy and Girl Scout program currently has

openings for youngsters (grades 1st through 12th) and adult leaders. For more information, contact Scott Stewart at 437-3940.

## Travis flea market

The Travis community flea market, sponsored by the Enlisted Wives Club, has been re-scheduled for Sept. 29 from 8 a.m. to 2 p.m. in the Delta Breeze Club parking lot. The market will offer crafts, clothing, free drawings and much more. Squadron booster clubs and individuals who wish to sell household items are welcome to participate. Prices are \$10 for one empty space, \$15 for two

empty spaces, \$20 for one space with a table and \$30 for two spaces with two tables. The EWC will also be selling Krispy Kreme Donuts at the event for \$6 per dozen. For more information, or to pre-order donuts, call Wendy Housel at 437-1473.

## Ballet recital

The Youth Center Russian-style ballet class is looking for dancers for its winter recital, "Sleeping Beauty." The recital is scheduled for Dec. 21, but dancers should sign up now for classes at the Youth Center. Classes are Tuesdays and Thursdays. For more information, call 424-5392.

## FSC EVENTS

## Today

▼ Career dressing workshops at the Base Exchange with fashion advisor Linda Clark. Women: 9:30 to 11:30 a.m. Men: 1 to 3 p.m. Call the Family Support Center at 424-2486 to sign up.

## Monday

▼ Spouse employment orientation, 9 a.m. to noon for newly arrived spouses. Learn about employment and career development programs at the FSC. Call 424-2486.

## Tuesday

▼ Resume writing workshop from 8 a.m. to noon at the FSC. Call 424-2486.

▼ Career/life change management from 1 to 4 p.m. Learn coping skills for any life change: career change, lifestyle change, relocating to a new base and job change. Call 424-2486.

## Wednesday

▼ WIC representatives will be at the FSC from 8:30 a.m. to 4 p.m. by appointment only. Call 435-2200.

## Thursday

▼ Mutual funds seminar at the FSC from 9 to 11 a.m. Call 424-2486.

▼ Ultimate job search for PCSing spouses from 8 a.m. to noon. Learn job search techniques for relocating spouses: how to develop or update resumes and long-distance marketing plan and contact career counselors at new duty station. Call 424-2486.

▼ WIC representatives will be at the FSC from 8:30 a.m. to 4 p.m. by appointment only. Call 435-2200.

▼ Sponsorship training from 9 to 10 a.m. at the FSC. Call 424-2486.

▼ Mutual funds seminar at the FSC from 9 to 11 a.m. Call 424-2486.

## September 24

▼ Spouse employment orientation, 9 a.m. to noon for newly arrived spouses. Learn about employment and career development programs at the FSC. Call 424-2486.

▼ Briefings at the FSC for separating and retiring military members: VA benefits from 10 a.m. to noon and vocational rehabilitation group counseling from 1 to 3 p.m. Call 424-2486.



## Keeping cool on Travis Swamp coolers only authorized equipment to cool older homes

By Mark Dupree  
Housing Manager

Housing residents living in Travis homes with swamp coolers are expected to use the swamp cooler for cooling their home.

Swamp coolers have preventive maintenance inspections each year by the Housing Maintenance contractor and they are replaced when necessary. Unfortunately, the electrical backbone (infrastructure) will not permit each home cooled with a swamp cooler to have window air conditioning units installed. The lines and transformers of homes 40 plus years old are sized to provide the power that a large number of window air conditioning units demand.

Only Travis housing residents who have a strong medical requirement validated by the vice commander of the Medical Group are permitted to purchase a window air conditioning unit for their home. Documentation must be submitted through the Housing Office and to the Medical Group for consideration.

The Air Force is programming millions of dollars in future years to improve our base housing units. After several years, all of our housing

units will be upgraded to include air conditioning.

*Editor's note: This story was prompted by this action line.*

*I would like to respectfully request to have the window unit policy, in base housing, reanalyzed. Those of us that live in the older housing with the swamp coolers are suffering through some incredibly hot summer days, because the swamp coolers can't adequately handle the heat load. I was informed the only way that I could get a window unit was to get a medical waiver. My daughter and I are blessed with good health, so this is unachievable for us. I understand that the newer housing units have air conditioning, and some of the older housing units have had air conditioning installed without justification of health ailments. Why must those of us who live in the older housing have to justify health problems to have air conditioning? The need for comfort cooling has already been identified by having it placed in the newer housing. I acknowledge that it would be financially impossible to update all of base housing to more efficient units, and yet those of us that are willing to bare the expense of a window unit just for relief from the heat are denied. The electrical expense would be no more than if all of the housing units were updated with the new heating and air conditioning system. Please review the policy, and allow those of us with the older housing to enjoy our comfort in our homes as much those in newer housing.*



**Time for us playgroup:** Sharron Ortiz assists children with an art project at the Time for us playgroup which began Sept. 4. This free playgroup runs every Tuesday from 10 to 11:30 a.m. at the Health And Wellness Center. The group is for parents and their preschool-age children (3 to 5 years old). Each week the playgroup focuses on a different theme and provides craft projects, stories and sing-a-longs around that theme. For more information, call Sharron Ortiz at 437-5054, Becky Smallwood at 437-7794 or call Family Advocacy at 423-5168.

*Seatbelts are hugs from your car!*

Members of the 60th Services Squadron basketball team pose with tournament director Amanda Saraglou (kneeling in center), after their 57-43 victory.



Michael T. Moseley / Daily Republic liaison

## New kings of center court

### Services Squadron dethrones APS

By Michael T. Moseley  
Daily Republic liaison

Last year, Derrick Parker was sitting in the bleachers watching the Travis intramural basketball championship, this year he was leading his team to victory.

Parker is the coach for the 60th Services Squadron team who defeated the 60th Aerial Port Squadron team in the championship game, 57-43. The game was closer than the final score indicated.

"We were only behind by four points at the half," said Arfel Atis, the APS coach. "But they picked it up in the second. They're a tough team to play."

To be fair, the APS team had just come off of a hard-fought game semi-final game.

"We were pretty tired," Atis said. "That first game took a lot out of us."

On the other side of the coin, though Services came into the championship game with fresh

legs, they had half as many players as their opponents.

"We only had seven people who could play," Parker said. "We just had to stay focused and play hard."

And play hard they did. Roy Winbush scored 20 points and Roosevelt Grandberry managed some key defensive blocks for the Services team.

APS, last year's champions, vowed to return next year to regain their title.

## Spinning classes taking shape at Travis

By Michael T. Moseley  
Daily Republic liaison

For those of you who think "spinning" has something to do with turning in circles and didn't want to get involved with that particular type of exercise — do we have news for you.

"I guess we should call it indoor cycling," spinning instructor Mark Waters said with a laugh when he heard that some people didn't want to join the class because they were afraid they'd get dizzy.

"There's a lot of people who don't know what it's about," said May Andre, who was attending her first spinning class.

"I know I didn't. I just watched a class while I was working out and decided that it didn't look so hard. I love it."

"It's great exercise," Waters said. "It's not just for the lower body, either."

During the one-hour sessions offered at the Exercise Center, Waters and the other instructors (Gloria Miller and Deborah Gallagher) ensure that upper-body conditioning and stretching are also a vital part of the class.

"This class offers something for everyone," Waters promised. "If you feel you can't keep up, there's no pressure to. It's totally a positive reinforcement. You can slow down if you need to or speed up if

you want to — it's up to each individual. You don't have to be in great shape to attend, but we try to keep the class going strong for those athletes who really want a good workout."

A good cardio-vascular workout, in order to be effective, must allow the heart to beat at its peak rate for at least 20 minutes.

According to Waters, spinning classes exceed that minimum standard without the impact to the lower extremities that other aerobic programs may incur.

"It's a great exercise program for people who are recovering from injuries or have other limitations," Waters said. "The bikes that we have here are the best I've seen. You can adjust the pedal tension and they're easy to adjust to different body types."

"Our goal at the moment is to get all of our aerobic instructors certified to teach spinning," said Barbara Hickenbottom, Exercise Center director. "We want to offer squadron trainers a chance to get circuit training certification as well. After all, we're here to help Team Travis get in shape to support the mission."

See the opposite page for class dates and times.

Mark Waters (on right), one of three Spinning instructors currently teaching at the Exercise Center, urges his class onward, as they perform exercises designed to strengthen the upper and lower body as well as condition the heart.



Michael T. Moseley / Daily Republic liaison

## SPORTS SHORTS

### Instructors needed

The Fitness Center is currently accepting applications and resumes for the following contracted positions:

**Aerobic instructor** — beginning step aerobics/cardio kickboxing, 7 to 8 p.m.

**Adult boxing** — 7 to 8:30 p.m., Tuesdays and Thursdays

**Adult kickboxing** — 7 to 8:30 p.m., Tuesdays and Thursdays

**Youth Taekwondo** — 5 to 6 p.m., Mondays, Tuesdays and Thursdays

**Adult Taekwondo** — 6 to 7 p.m., Tuesdays and Thursdays

### Travis half-marathon

Has been cancelled for Saturday. For more information, call Jay Sundiam at 424-2008.

### Varsity basketball tryouts

Varsity basketball tryouts are Monday through Sept. 30 from 7 to 8:30 p.m. at the Fitness Center. A Blue and White game is scheduled for Sept. 30 at 2 p.m., and selections for the varsity team will be made after the game. Coaches will post the new men's varsity team Oct. 2 at the fitness and exercise centers. The Travis men's varsity basketball head coach is Don Little, and the assistant coach is William Garner. For more information, call Varsity Sports Director Amanda Saraglou at 424-2085.

### Bowl-a-rama

The Blue and Gold Booster Club will host a nine-pin no-tap bowling tournament Sept. 27 at the Travis Bowling Center. The teams must consist of four people. There will also be a Crazy Eight jackpot. Cost is \$10 per person, which includes three games and shoe rental. Door prizes will also be awarded. To sign up, call Carol Connolly at 424-2508.

### Senior bowling

Applications are now available at the Bowling Center for the California State 32nd Annual Senior Bowling Championships. Participants can sign up in the Team Event, which will be held at the Bowling Center, or the Singles and Doubles division, to be played at Stars Recreation Center in Vacaville. The championships are scheduled at both locations Oct. 27 and 28, Nov. 3 and 4, 10 and 11, 17 and 18. For more information, call 437-4737.

### Mixed fun doubles

Sign-ups are now being accepted at the Bowling Center for the mixed fun doubles at the 32nd Annual Cal-State Senior Bowling Championships. All participants are required to have an ABC or WIBC card, and one team member must be entered in the 32nd Annual Seniors Championships, running concurrently at the Bowling Center and Stars Recreation Center. The mixed fun doubles will be held at the Bowling Center Oct. 27 and Nov. 3, 10 and 17 from 5 to 8 p.m. The \$24 cost covers the bowling fee, expenses and prize fund and must be received by Oct. 1. For more information, call 437-4737.

### Free therapeutic massage

Jamie Irvine of the Holistic Institute is offering free therapeutic massage sessions every Thursday from 10 a.m. to 3 p.m. at the Health and Wellness Center. Sessions are by appointment only and incorporate techniques from Swedish and Shiatsu massage. For more information, call 424-4292.



# TERROR

## Travis not business as u



TC Perkins/Visual Information

Tuesday afternoon, members of the Sacramento based Office of Emergency Services urban search and rescue team loaded into a C-5 heading to New York. The team specializes in urban crime scenes and the use of trained dogs and specialized equipment to find survivors at disaster sites.



Security forces personnel worked hard to keep the traffic moving. Travis personnel delays of 15 minutes to two hours during peak traffic periods. People should stagger to avoid Air Base Parkway, Peabody, Vanden and Walters roads when possible, especially Col. Scott Streifert, commander of the 60th Support Group, fields questions from Tuesday and Wednesday.



# IN THE SKY

## usual during day of siege



TC Perkins/Visual Information



Kristina Cilla/Visual Information

**(Left)** Members of the OES team step to their aircraft. More than 60 members of the elite team were tasked to go to New York to assist with search and recovery efforts. **(Above)** As night time fell on Travis, security forces personnel were out ensuring the safety of the base. Travis officials anticipate traffic delays during peak hours for the foreseeable future.



TC Perkins/Visual Information

rel and family members should expect er work hours and use alternate routes ecially around 7 a.m. and 4 p.m. **(Right)** n the media. Media interest was high



TC Perkins/Visual Information

PREVIOUS TERRORIST ATTACKS	
Pearl Harbor	1941
Beirut U.S. Embassy	1983
World Trade Center	1993
Oklahoma City	1995
Khobar Towers	1996
Tanzania, Nairobi U.S. Embassies	1998
Atlanta Olympics	1998
USS Cole	2000
World Trade Center/Pentagon	2001

